



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
M=Mustard
C=Celery
SD=Sulphites

Week: 3 **SPRING 2025**

Monday

Dish of the Day
Chicken meatballs

Vegetarian Option
Vegan meatballs (S)

Sides
Rice
Peas

Alternative
Jacket Potato with cheese & tuna (D, F, E, M)

Dessert
Chocolate chip cookie (G, E, S)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Pasta bake (G, D)

Tuesday

Dish of the Day
Shepherd's pie

Vegetarian Option
Cheesy potato pie

Sides
Carrots

Alternative
Cheese (D)/ham/ Tuna Mayonnaise (E, M, F) wrap (G)

Dessert
Fruit jelly
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Tomato soup & freshly baked bread (G, C)

Wednesday

Dish of the Day
All day breakfast

Vegetarian Option

Sides
Mushrooms
Tomato
Hash browns
Beans
Scrambled eggs (E)

Alternative
Jacket Potato with beans & cheese (D)

Dessert
Rice pudding & fruit puree (D)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Selection of filled rolls (G)
Cheese (D)/Ham
Tuna Mayonnaise (E, M, F)

Thursday

Dish of the Day
Pasta & sauces (G)

Vegetarian Option

Sides
Cheese (D)
Carbonara (G, D)
Tomato sauce (C)
Broccoli

Alternative
Cheese (D)/Ham baguette (G)

Dessert
Fresh fruit
Homemade yoghurt with fruit compote (D)

Owls
Jacket potato with cheese (D)/beans

Friday

Dish of the Day
Beef burgers (G, SD)

Vegetarian Option
Vegan burgers (S)

Sides
Cheese
Chips
Crudités

Alternative
Jacket Potato with beans & cheese (D)

Dessert
Beetroot brownie (G, E)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls
Margherita pizza slices (G,D)