



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
M=Mustard
C=Celery
SD=Sulphites

Week: 2 **SPRING 2025**

Monday

Dish of the Day

Chilli con Carne

Vegetarian Option

Vegan Chilli (S)

Sides

Rice
Broccoli

Alternative

Jacket Potato with cheese & tuna (D, F, E, M)

Dessert

Strawberry mousse (D)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls

Margherita pizza slices (G,D)

Tuesday

Dish of the Day

Mac 'n' Cheese

Vegetarian Option

Sides

Carrots

Alternative

Cheese (D)/ham/ Tuna Mayonnaise (E, M, F) baguette (G)

Dessert

Carrot cake (E)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls

Jacket potato with cheese (D)/beans

Wednesday

Dish of the Day

Sausage pie

Vegetarian Option

Cheese & onion slice (G, D)

Sides

Roast potatoes
Peas
Gravy

Alternative

Jacket Potato with beans & cheese (D)

Dessert

Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls

Selection of wraps (G)
Cheese (D)/Ham

Thursday

Dish of the Day

Parmesan chicken (D, C)

Vegetarian Option

Parmesan Quorn (D, E, C)

Sides

New potatoes
Cauliflower

Alternative

Cheese (D)/Ham wrap (G)

Dessert

Apple crumble & custard (G, D)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls

Tomato soup & freshly baked bread (G, C)

Friday

Dish of the Day

Fish fingers (G)

Vegetarian Option

Vegetable fingers (G)

Sides

Chips
Beans

Alternative

Jacket Potato with beans & cheese (D)

Dessert

Shortbread finger (G, D)
Homemade yoghurt with fruit compote (D)
Fresh fruit

Owls

Pasta bake (G, D)