



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
M=Mustard
C=Celery
SD=Sulphites

Week: 1 **SPRING 2025**

Monday

Dish of the Day
Turkey Supreme (D)

Vegetarian Option
Quorn Supreme (D)

Sides
Rice
Peas

Alternative
Jacket Potato with beans, cheese
& tuna (D, F, E, M)

Dessert
Oatcake (G)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Selection of wraps (G)
Cheese (D)/Ham
Tuna Mayonnaise (E, M, F)

Tuesday

Dish of the Day
Vegetable & five bean tacos

Vegetarian Option

Sides
Sauté potatoes
Cheese (D)
Broccoli

Alternative
Cheese (D)/ham/ Tuna
Mayonnaise (E, M, F) wrap (G)

Dessert
Fruit cheesecake (G, D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Tomato soup & freshly baked
bread (G, C)

Wednesday

Dish of the Day
Honey glazed chicken breast

Vegetarian Option
Pea & tomato gnocchi (D)

Sides
Roast Potatoes
Carrots
Cabbage
Gravy

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Fruit sponge & custard
(G, E, D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Sausage Rolls
Cheese Sandwiches
(G,D)

Thursday

Dish of the Day
Beef bolognaise

Vegetarian Option
Vegan bolognaise (S)

Sides
Pasta (G)
Sweetcorn

Alternative
Cheese (D)/Ham baguette (G)

Dessert
Fresh fruit
Homemade yoghurt with fruit
compote (D)

Owls
Jacket potato with cheese (D)/
beans/Tuna Mayonnaise
(E, M, F)

Friday

Dish of the Day
Breaded fish fillet (F, G)

Vegetarian Option
Battered Quorn fillet
(G, E)

Sides
Chips
Beans

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Ginger cookie (G, E)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Selection of filled rolls (G)
Cheese (D)/Ham