



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
M=Mustard
C=Celery
SD=Sulphites

Week: 2 **AUTUMN 2024**

Monday

Dish of the Day
Chicken Curry

Vegetarian Option
Red lentil and
Vegetable Daal

Sides
Rice
Cauliflower
Peas
Crudités

Alternative
Cheese (D)/Ham/
guacamole wrap(G)

Dessert
Clementine Cake (G,E)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Jacket Potato with
Cheese (D)/Tuna Mayonnaise
(G,E,D,M,F)

Tuesday

Dish of the Day
Pulled pork bap (G)

Vegetarian Option
Halloumi and salsa bap
(G,D)

Sides
Coleslaw (E/M)
Wedges
Crudités

Alternative
Cheese (D)/Ham/Tuna (F)/
guacamole baguette (G)

Dessert
Lemon Shortbread(G,E)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pesto Pasta Salad
(G,D)

Wednesday

Dish of the Day
Roast Turkey

Vegetarian Option
Cauliflower and
Broccoli cheese
(G,D)

Sides
Roast potato
Peas
Gravy
Crudités

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Jam tart and custard (G,D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Selection of filled rolls (G)
Cheese (D)
Ham
Tuna Mayonnaise (G,E,D,M,F)

Thursday

Dish of the Day
Pasta with
Carbonara sauce (G/D)
Tomato sauce (C)
Grated cheese (D)

Sides
Crudités

Alternative
Cheese (D)/Ham/Tuna (F)/
guacamole baguette (G)

Dessert
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Sausage Rolls
Cheese Sandwiches
(G/D)

Friday

Dish of the Day
Fishcake (F, G)

Vegetarian Option
Vegetable cake
(D)

Sides
Hash browns
Beans
Crudités

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Blueberry slice (G/E)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pitta bread (G), dips
& Rainbow vegetable slices