



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
M=Mustard

Week: 1 **AUTUMN 2024**

Monday

Dish of the Day
Chicken Pie (G)

Vegetarian Option
Vegetable Pie (G,D)

Sides
New Potatoes
Peas
Crudités

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Selection of filled rolls (G)
Cheese (D)/ Ham/
Tuna (F)

Tuesday

Dish of the Day
Pasta Bake (G, D)

Vegetarian Option

Sides
Broccoli
Crudités

Alternative
Cheese (D)/Ham/Hummus
baguette (G)

Dessert
Banana Cake (G,E)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Jacket Potato with
Cheese (D)/Beans

Wednesday

Dish of the Day
Pork Sausages

Vegetarian Option
Vegan Sausages (S)

Sides
Mash potato
Gravy
Steamed Carrots
Crudités

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Fridge cake (G, D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pitta bread (G), dips
& Rainbow vegetable slices

Thursday

Dish of the Day
Beef Burritos
(G/D)

Vegetarian Option
Five bean
burritos (G/D)

Sides
Corn on the cob
Tortillas (G)
Coleslaw (E/M)
Crudités

Alternative
Cheese (D)/Ham/Hummus
baguette (G)

Dessert
Fruit (vegetarian) jelly
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pesto Pasta Salad
(G,D)

Friday

Dish of the Day
Fish fingers (F, G)

Vegetarian Option
Vegetable nuggets
(G)

Sides
Chips
Beans
Crudités

Alternative
Jacket Potato with beans &
cheese (D)

Dessert
Millionaire shortbread
(G/D/S)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Sausage Rolls
Cheese Sandwiches
(G,D)