



This week's menu

G=Gluten
E=Egg
D=Dairy
S=Soya
F=Fish
Must=Mustard
C=Celery

Week: 2 **SUMMER 2024**

Monday

Dish of the Day
Chicken & chorizo paella (G)

Vegetarian Option
Quorn paella (G, E)

Sides
Rice
Peas

Alternative
Cheese (D)/Ham/Tuna (F)
baguette (G)

Dessert
Apple crumble & ice cream
(G, D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Sandwich selection
& crudités

Tuesday

Dish of the Day
Mac 'n' cheese (D, G)

Vegetarian Option

Sides
Green beans

Alternative
Cheese (D)/Ham/guacamole
wrap (G)

Dessert
Strawberry jelly
Homemade yoghurt with fruit
compote (D)
Fresh Fruit Bar

Owls
Baked potato
& Cheese (D)/coleslaw (Must, E)

Wednesday

Dish of the Day
Roast gammon & pineapple

Vegetarian Option
Stuffed peppers (G, D)

Sides
Roast potatoes
Carrots
Gravy (G)

Alternative
Cheese (D)/Ham/Tuna (F)
baguette (G)

Dessert
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pasta Salad (G)

Thursday

Dish of the Day
Beef lasagne (G, D)

Vegetarian Option
Vegetable lasagne (G, D, C)

Sides
Garlic bread (G)
Crudités
Coleslaw

Alternative
Cheese (D)/Ham/guacamole
wrap (G)

Dessert
Banoffee pie (G,D)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pizza fingers (D, G)
& crudités

Friday

Dish of the Day
Fish Fillet (F)

Vegetarian Option
Cheese & onion slice (G, D)

Sides
Chips
Beans

Alternative
Cheese (D)/Ham/Tuna (F)
baguette (G)

Dessert
Iced sponge (G, E)
Homemade yoghurt with fruit
compote (D)
Fresh fruit

Owls
Pitta bread (G), dips
& Rainbow vegetables